

# FREEZER MEAL SUPPORT

## **OUR MISSION**

Provide pathways to end youth homelessness.

#### WHAT DOES A FREEZER MEAL DONOR DO?

As a freezer meal support, you provide a meal that can serve 15 youth at HOPE 4 Youth.

Your group can come onsite to use our certified kitchen to cook a large dinner meal or individual breakfast, lunch, or dinner meals. The meal could be used on the same day or in future.



## WHAT SHOULD WE BRING?

Please bring all ingredients needed to prepare the freezer meals. We have all the kitchen machines, cooking utensils, and packaging materials.

#### **RESPONSBILITIES:**

Follow required food safety guidelines. These are outlined in our "HOPE 4 Youth Kitchen Guidelines" document.

WHO:

Individuals, Groups, and Families

SHIFT TIME

9:00 a.m. - 12 p.m. 2nd Saturday of the Month Wednesday Morning

LOCATION

HOPE 4 Youth Center 2665 4th Ave, Suite #40, Anoka, MN 55303

# DONATIONS IMPACT

2023 Statistics

- 3,053 Visits to HOPE 4 Youth Center
- 493 young people visited the Center.
- 1,731 Meals were served.