



FREEZER MEAL SUPPORT

OUR MISSION

Provide pathways to end youth homelessness.

WHAT DOES A FREEZER MEAL DONOR DO?

As a freezer meal support, you provide a meal that can serve 20-25 youth at HOPE 4 Youth.

Your group can come onsite to use our certified kitchen to cook a large dinner meal or individual breakfast, lunch, or dinner meals. The meal could be used on the same day or in future.

WHAT SHOULD WE BRING?

Please bring all ingredients needed to prepare the freezer meals. We have all the kitchen machines, cooking utensils, and packaging materials.

RESPONSIBILITIES:

Follow required food safety guidelines. These are outlined in our "HOPE 4 Youth Kitchen Guidelines" document.

WHO: Individuals, Groups, and Families

SHIFT TIME

9:00 a.m. - 12 p.m.
2nd Saturday of the Month
Wednesday Morning
8:00 a.m. - 11 a.m. Monday & Tuesday

LOCATION

HOPE 4 Youth Center
2665 4th Ave, Suite #40, Anoka, MN 55303



DONATIONS IMPACT

2025 Statistics

- 6,423 Visits to HOPE 4 Youth Center
- 878 young people visited the Center.
- 3,886 Meals were served.