

## **“Top Needs List” shows how you can make a difference in a hurry**



If you've spent summer in a house with young people, you know there can occasionally be a run on food that leaves key cupboards empty. That's what we are experiencing right now at the [HOPE 4 Youth Drop-In Center](#).

"Anyone looking for a way to make an immediate impact should [check our updated needs list](#)," said Youth Services Coordinator Allie Schatza. "It shows which popular supplies are low or out of stock as we head into the fall at the drop-in center. Anything off that list would be really helpful right now."

### **Food pantry**

The current list includes grab-and-go food ideas, hygiene items and some clothing. Bottled water and sports drinks are needed, too.

Besides sharing what's in your pantry or picking up more during your next grocery run, you can purchase supplies from our [Amazon](#) or [Target Wish List](#) and have them shipped to the drop-in center.

"The wish lists are the fastest way to get us goods," said Schatza. "They're delivered during business hours and can be on the shelves the same day they arrive."

Another way to help is by hosting a food drive in your neighborhood or at your workplace. We can assist in designing one that will have a big impact. Contact Manager of Community Engagement Nikki Kalvin to get started: [nkalvin@hope4youthmn.org](mailto:nkalvin@hope4youthmn.org) or 763.323.2066, ext. 102.

### **Clothing closet**

Several particular items in our clothing closet are also in very short supply right now: women's sports bras.

"Clothes of all kinds are needed, but we are especially low on sports bras," said Schatza. "Unlike some gently used items, we only accept new underwear, which is why we sometimes run out."

Men's sweatpants are needed now, especially in larger sizes. New crew-neck t-shirts, women's ankle socks, and women's lounge sets (shorts/pants) are appreciated, as are new and gently-used travel

umbrellas and raincoats.

Visit our new [Donate Items page](#) to find out more about what to donate and when to do it.